

Our clinic currently participates with the following insurance. However, please be aware that participation does not mean that your particular insurance plan covers Naturopathic physicians. Please confirm Naturopathic coverage prior to your appointment.

- **Medicare (Chiropractic and MD services only)**
- **Premera**
- **Regence**
- **Aetna**
- **Lifewise**
- **Cigna/Healthways**
- **First Choice HN**
- **Medicaid (APPLE HEALTH ONLY) Provider One Card**
- **MedAdvantage Regence (Chiropractic and MD services only)**
- **Community Health Plan WA (Medicaid)**
- **Molina (MD services only)**
- **Tricare (MD services only)**
- **United Healthcare in network for MD – out of network for Dr. Kolbo**
- **L&I (workman's comp.)**
- **Group Health PPO**
- **KPS**
- **Moda**

Here is a list of questions to ask your insurance company when inquiring about your eligible benefits:

1. **Do I have Naturopathic coverage? If I do am I limited to a number of visits or dollar amount per calendar year?**
2. **Do I have coverage for Physiotherapies (Physical Therapies)? Do I need Pre Authorization for therapies prescribed by my Naturopath?**
3. **Do I have Chiropractic coverage? Are Chiropractic Office Visits covered in addition to the adjustment?**
4. **What is my deductible?**
5. **What is my Co-Insurance or Co Pay?**

If you have specific questions regarding integrative care and coverage please do not hesitate to contact our Insurance Department directly.